

Village Public Health

We translate public health into everyday life.

About

Village Public Health (VPH) is a prevention-first health education organization serving young people ages 13 to 24 across Arkansas, alongside the parents, educators, and mentors who support them. Founded by Dr. Quinyatta Mumford, DrPH, MPH, CHES®, VPH pairs the for-profit Village Public Health S Corporation with the VPH Training Center, a 501(c)(3) nonprofit, to deliver certified training, coaching, and community programming.

VPH is the only organization in Arkansas offering certified Youth Mental Health First Aid training alongside community-based STI prevention, health coaching, and nonclinical workforce development. Everything is built on a simple belief: young people do not need to be fixed. They need environments that allow them to recognize and use what already exists within them.

Programs

- **Health Coaching.** One-on-one and small-group coaching for ages 13 to 24, from free discovery calls to ongoing membership, including the Young Kings Collective for boys ages 13 to 18.
- **The Vibe Safe Initiative & Vibe Check Tour.** Peer-led sexual wellness and mental health conversations delivered at schools, churches, festivals, and community centers statewide.
- **Public Health Clubs.** School-based clubs where students lead prevention work on their own campus, beginning with the W.E.L.L. Squad at Southwest High School.
- **Summer Institute.** A free four-week youth mental health leadership program for Arkansas high school students.
- **Youth Mental Health First Aid & Training.** Certified trainings for adults who serve young people, plus professional development for schools and organizations.
- **EFA-Approved Courses.** Village Public Health is an approved Arkansas Education Freedom Account provider, offering Dibble Institute curricula and enrichment classes.

GRANT ANNOUNCEMENT

Investing in Youth Mental Health Leadership.

Village Public Health, Inc. is proud to be one of 505 small businesses nationwide selected for the Amex Shop Small® Grants Program, made possible by American Express and Main Street America. This \$20,000 grant supported our 2026 Summer Institute, a four-week youth mental health leadership program.

Nine high school students from eight schools took part, completing 202.5 cumulative service hours with 94% attendance. Every participant earned Teen Mental Health First Aid certification, so each one now knows how to recognize when a peer is struggling and connect them to help.

9

STUDENTS

8

SCHOOLS

202.5

SERVICE HOURS

94%

ATTENDANCE

Thank you to American Express and Main Street America for investing in the young people building healthier schools and communities across Arkansas.

IGNITING COMMUNITY.

Media Contact

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Subject line: Media Inquiry: [Your Outlet Name]

Response time: within 24 to 48 business hours

Brand assets, logos, coverage history, and interview availability: villagepublichealth.org/press